

Cushing "Home Port" as seen from Gay Island, circa 1900

Photo courtesy of the Cushing Historical Society

# **Homeport-Cushing**

Homeport-Cushing is a volunteer network, researching & distributing information about the existing public & private services that support our decision to stay in our home as we age. Homeport activities are open to everyone & are generally offered at no cost.

#### **WORKING MEETINGS**

Everyone is welcome at the Homeport working meetings in the Library at the Cushing Community Center. Our next meeting is NOVEMBER 17 at 3:30pm

### HOMEPORT TALKS PRESENTATIONS

Homeport-Cushing is pleased to sponsor a series of presentations known as **HomeportTalks**. The presentations are held in the Cushing Community Center at 3:30 pm, and are offered at no charge. Stay tuned for news of our next presentation.

#### ADDRESSING TRANSPORTATION NEEDS

The Homeport Volunteer Transportation Program seeks to provide rides to Cushing senior residents. The program prioritizes requests for services according to need, seeking to provide transportation within the Rockport-to-Damariscotta region. Requests for rides must be made at least 48 hours in advance. Please contact:

Becky Hinsey354-6339 – rhinsey@roadrunner.com.

#### SUMMER PROGRAMS

Homeport hosts a variety of summer activities including TaiChi and Yoga.

## Want to know more about Homeport-Cushing?

Call Katharine Cobey 354- 6762 or email <a href="mailto:homeport.cushing@gmail.com">homeport.cushing@gmail.com</a>